



# SPORT AND ADVENTURE TOURISM

Cantabria



Cantabria  
Infinita

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## SPORT AND ADVENTURE TOURISM IN CANTABRIA

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# EXPERIENCES

## to share

Are you one of those people who like to be active all the time? If you are looking for thrills and experiences, you will find endless possibilities in Cantabria. The best way of enjoying nature, sports and tradition-related activities is by employing the services of businesses and professionals which ensure safety and satisfaction. Before you make your way into the unknown, always check with an expert, be honest about your level of skill and experience, explain the characteristics of your group and let them advice you. All the tour operators included within this brochure meet the regulatory requirements and offer a wide array of dedicated services, from induction to skill development courses, from guided routes and outings to workshops, multi-adventure activities and holiday camps. From the mountaintops to the sea depths; from craftsmen's workshops to the inner gazing of yoga; whether you want to be driven around or powered by your own means and energy, anything is possible in Cantabria.



# SPORT AND ADVENTURE TOURISM IN CANTABRIA

## Liébana

Canyoning  
Mountain biking  
Canoeing  
Rock climbing  
Caving  
Cross-country skiing  
Mountain guides  
Mountaineering  
Nordic walking  
Paintballing  
Paragliding  
Snowshoeing  
4x4 off-road tours  
Horse trail rides  
Quad bike tours  
Hiking  
Zip lining  
Trail running  
Trekking  
Sledding  
Via Ferrata

## Saja-Nansa

Canyoning  
Mountain biking  
Bodyboarding  
Canoeing  
Canyoning  
Caving  
Mine exploration  
Rock climbing  
Hydrospeed  
Kayaking  
Laser combat  
Multi-adventure activities  
Paintballing  
Boat rides  
Pony rides  
Rafting  
Snowshoeing  
Horse trail-rides  
Cycling tours  
Mountain tours  
Quad bike tours  
Hiking  
Surfing  
Zip lining  
Archery  
Yoga & Pilates

## Central coast

Bodyboarding  
Canyoning  
Cycling tours  
Caving  
Golf  
Multi-adventure activities  
Paintballing  
Horse trail rides  
Pony rides  
Sea tours  
Canoeing  
Rafting  
Rural and ethnographic tours  
Nature tours  
Off-road tours  
Hiking  
Surfing

## Campo - Los Valles

Canyoning  
Mountain biking  
Rock climbing  
Caving  
Skiing  
Hot air ballooning  
Golf  
Kayaking  
Kite surfing  
Paintballing  
Sea tours  
Canoeing

Rafting  
Snowshoeing  
Horse trail rides  
Motorcycle tours  
Nature tours  
Hiking  
Snowboarding  
Stand up paddle boarding  
Archery  
Windsurfing

## Santander

Canyoning  
Mountain biking  
Bodyboarding  
Scuba diving  
Cycling tours  
Rock climbing  
Caving  
Sea tours  
Kayaking  
Kitesurfing  
Jet-skiing  
Birdwatching  
Paintballing  
Angling  
Canoeing  
Boat tours  
Cultural tours  
Nature tours  
Hiking  
Stand up paddle boarding  
Surfing  
Zip lining  
Trekking  
Sailing  
Yoga & Pilates

## Trasmiera

Canyoning  
Diving  
Cycling  
Mountain biking  
Rock climbing  
Caving  
Kayaking  
Mountaineering  
Horse trail rides  
Dromedary rides  
Paintballing  
Pilates & fitness  
Canoeing  
Bungee jumping  
Climbing wall site  
Quad bike tours  
Hiking  
Skateboarding  
Stand up paddle boarding  
Surfing  
Sailing  
Windsurfing

## Asón-Agüera

Treetop adventure.  
Canyoning  
Mountain biking  
Diving  
Canoeing  
Rock Climbing  
Caving  
Sea tours  
Snowshoeing  
Horse trail rides  
Hiking  
Stand up paddle boarding  
Surfing  
Zip lining  
Trekking  
Via Ferrata

## Valles Pasiegos

Agritourism  
Mountain climbing  
Gorge walking  
Mountain biking  
Canyoning  
Adventure forest tours  
Rock climbing  
Cross-country skiing  
Horse trail rides  
Via Ferrata

## Besaya

Canyoning  
Holiday camps  
Canoeing  
Rock climbing  
Caving  
Kayaking  
Laser combat  
Multi-adventure activities  
Paintballing  
Bungee jumping  
Rafting  
Hiking  
Stand up paddle boarding

# IN THE SALTY SEA.

## water sports

The Cantabrian sea is subjected to the power of the wind and waves.

Its behaviour is rather predictable using weather forecasting models; so, if you have the necessary skills and proceed cautiously, the sea is relatively safe. In the Cantabrian coast, beaches, bays and estuaries follow one another, providing a suitable setting for different sports, welcoming all levels, from beginnersto advanced. Water temperature ranges between 10 to 20°C from winter to summer.

The different surfing disciplines—SUP, bodyboarding, kayaking, windsurfing and kitesurfing—are widespread onthis coast, where is possible to find moderate surf near the shore, suitable for beginners, and big,deep-water waves just for really expert surfers. Scuba diving has virtually this wide diversity, since it is easy to find depths above 20 or30 metres quite close to the seashore.

Sailing is another deeply rooted sport in the region, having the possibility to enrol in courses and crash courses for all levels. There are different types of sea tours for the whole family available, from renting a canoe, a sailboat or a motorboat to just hopping onto a sightseeing boat.



When you are in the sea, exert extreme caution, check for weather warnings and hire the services of a sailing instructor or trained skipper.

- Surfing
- Bodyboarding
- Stand up paddle boarding
- Surf kayaking
- Windsurfing
- Kitesurfing
- Diving
- Snorkelling
- Sea outings
- Sea tours
- Sailboat and motorboat rental
- Sailing and seamanship intensive courses and training.



# RIVERS.

go along the watercourse

The fast-flowing, rushing rivers of Cantabria are short; the distance from their source to their mouth is just a few tens of kilometres, all but the River Ebro, which stretches 70 kilometres throughout the Camoo and Valderredible valleys. In the upper dales and in the mountainous areas, it is hard to find a spot that is not surrounded by the background sound of flowing water.

The use of rock climbing techniques is normally required when canyoning through the gorges, which is practiced in the upper reaches of the rivers.

The middle reaches are perfect for practicing sports such as rafting or hydrospeed. At all times, you need to be aware of the power of the current, since the level of difficulty and safety of the activity depend on it. Some Cantabrian rivers are frequently used by highly expert canoeists. The lower reaches near the estuaries are the regular settings of canoe and kayak outings, which are usually suitable for the whole family.

When you are in the river, exert extreme caution and hire the services of a guide.

- Canoeing
- Kayaking
- Rafting
- Hydrospeed
- Canyoning





BLOCS



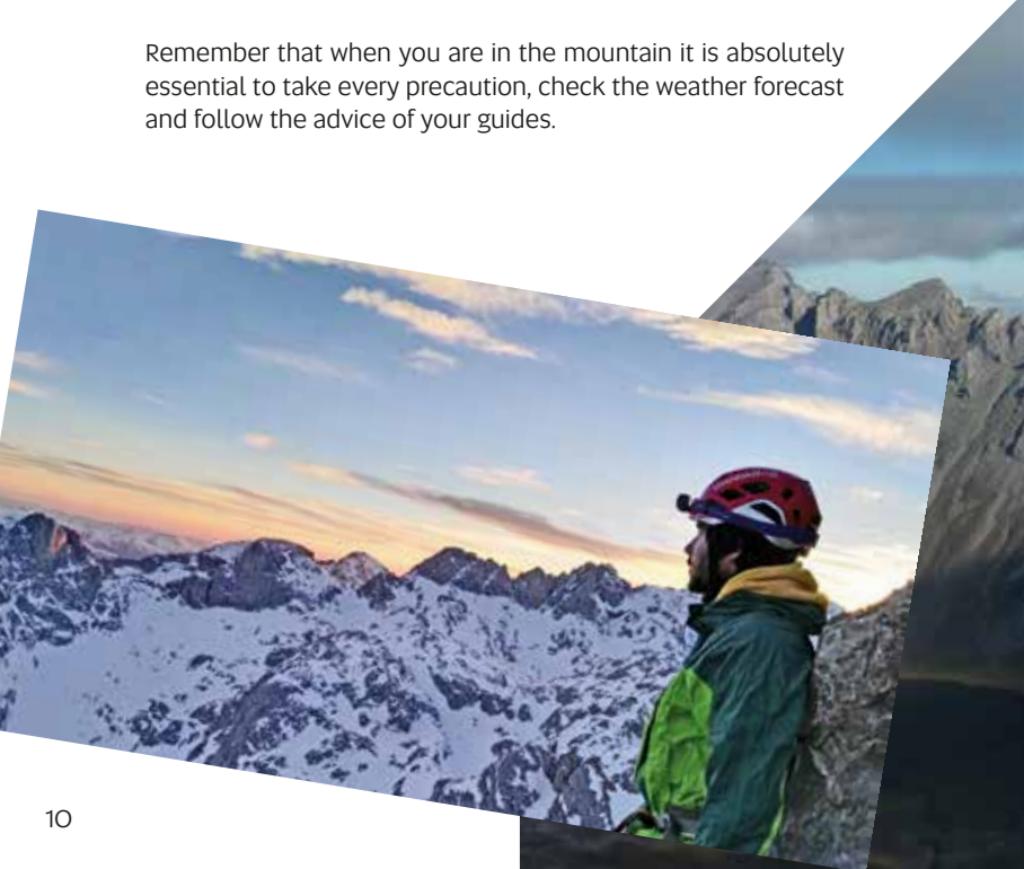
# ON THE HEIGHTS.

## hills and mountains

From the summits of Picos de Europa, above 2,600 metres, to the sheer cliffs that stand over the seacoast, the geographical relief of Cantabria boasts endless opportunities for sportspeople of all levels. You can take up rock climbing, or improve your climbing skills, either in rock or ice, in the different schools and via ferratas. Moreover, you can follow mountain trails of varying difficulty on foot, wearing snowshoes or by cross-country skis during the winter time. The Alto Campoo ski resort offers facilities suitable for both skiing and snowboarding.

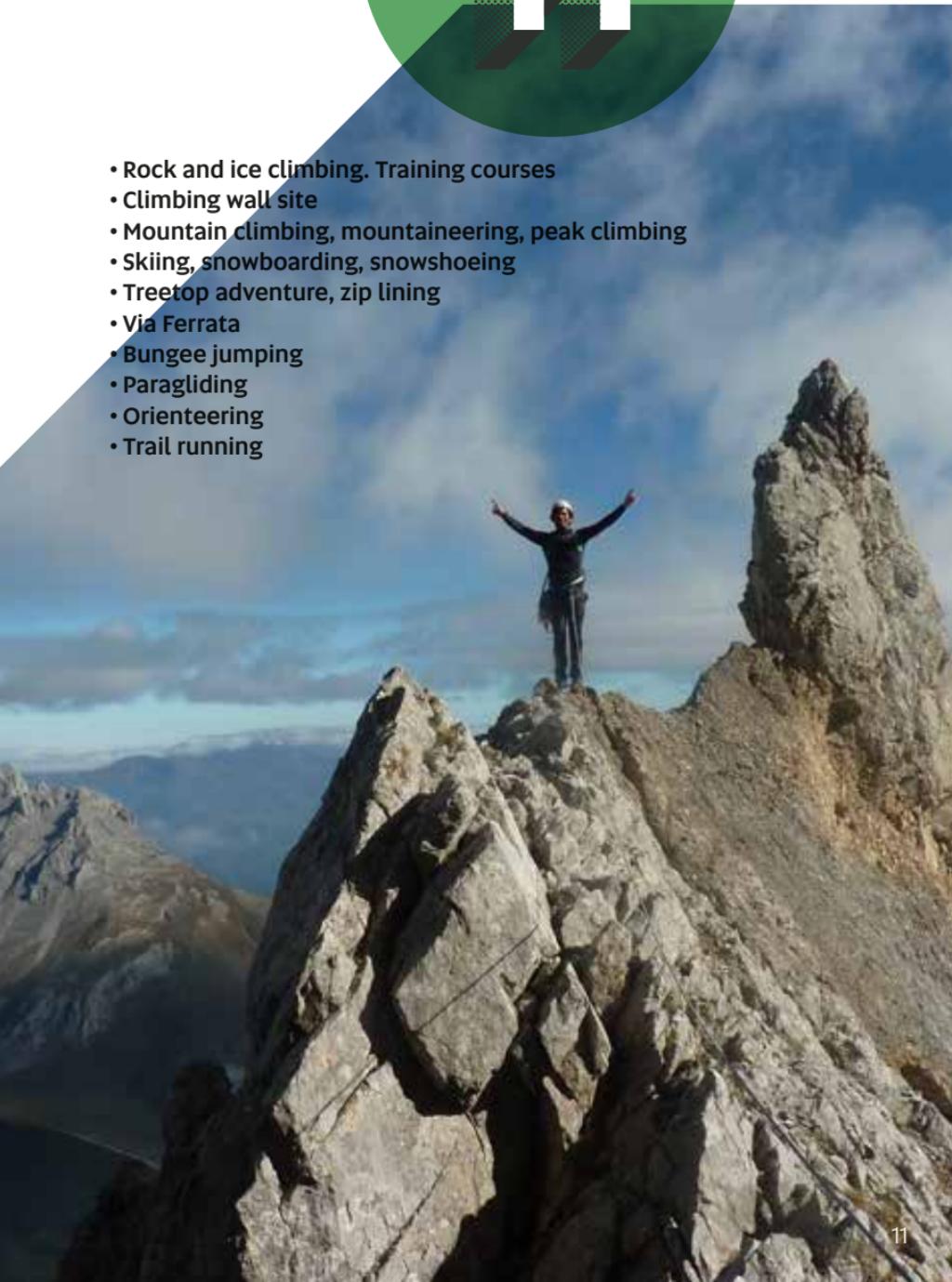
All the areas have businesses where you will find expert guides that will ensure your safety. They will help you to plan ahead and prepare appropriate activities for the needs and aspirations of everyone in your group. New activities, such as trail-running and orienteering races, are gaining popularity among sportspeople. Kids can enjoy zip lining among the trees within a safe and controlled park environment. And for the bravest ones, activities such as bungee jumping or paragliding will be a source of intense emotions.

Remember that when you are in the mountain it is absolutely essential to take every precaution, check the weather forecast and follow the advice of your guides.





- Rock and ice climbing. Training courses
- Climbing wall site
- Mountain climbing, mountaineering, peak climbing
- Skiing, snowboarding, snowshoeing
- Treetop adventure, zip lining
- Via Ferrata
- Bungee jumping
- Paragliding
- Orienteering
- Trail running



# NATURE.

## observing and Learning



There is something unique about observing plant and animal life, the landscape, merging with nature. Seeing through the eyes of an expert who will teach you how to look at things, guiding you through indistinguishable forest paths, riverbeds and cliffs, you will learn how to see more. Natural spaces in Cantabria offer a great variety of surroundings where you will come across species you only knew from books; rock formations which show what took place millions of years ago; as well as trees that, year after year, century after century, produce leaves and flowers that wave to you as you pass by.

This is Cantabria. Here, great professionals are at work to offer plans for everyone, including those who are more discerning.

- **Environmental education tours**
- **Hiking, adventure forest tours**
- **Wildlife watching, footprints and marks**
- **Birdwatching**
- **Geology and geomorphology**
- **Environmental education tours**
- **Ecotourism**
- **Wildlife watching**
- **Photographic hunting**





# RURAL TOURISM.

## ethnography and traditions

Old trades, farming, food producing and tool making all contain an essential ingredient: traditional knowledge. By following cultural itineraries and by visiting wineries, artisans, working farms and interpretation centres related to traditions, you will be able to get in touch with the roots and origins of things. Most companies dedicated to these kind of activities organize participatory workshops where you will learn how much you can do with your hands, just by having someone to teach you. You will possibly bring some object home with you, but you will surely take many things with you that will stick to your heart and memory.

- **Artisans**
- **Wine cellars**
- **Cultural visits**
- **Agritourism activities**
- **Educational workshops**





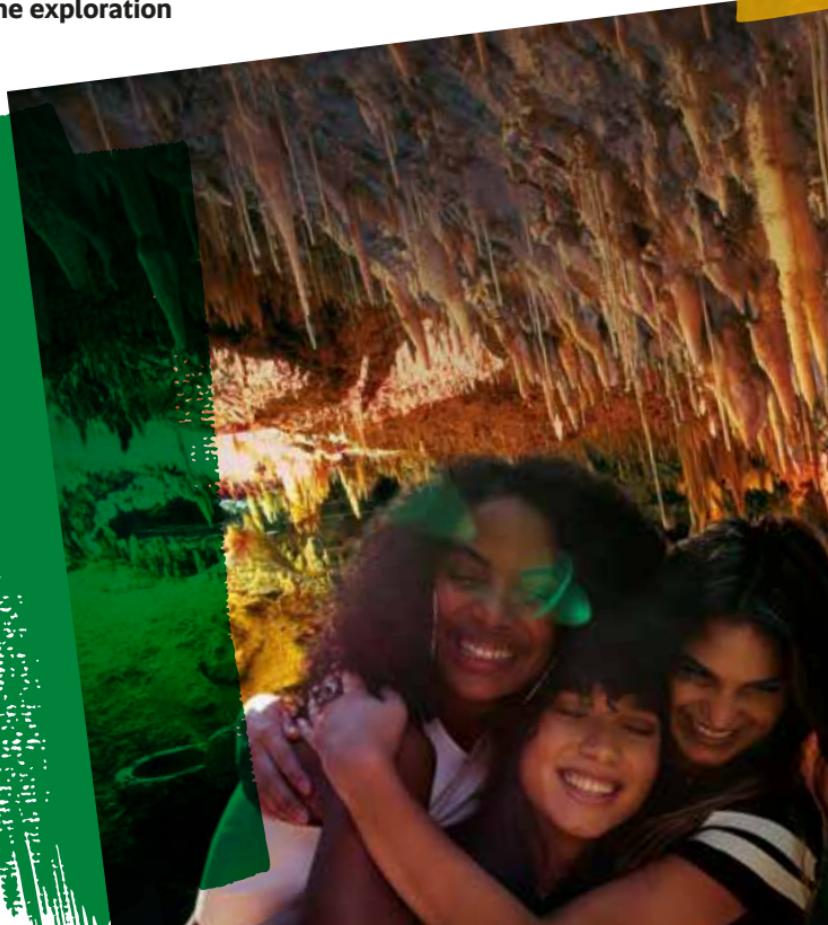
# UNDERGROUND.

## caves and mines



Cantabria's subsoil mirrors what you can see on the surface: twisted cracked rocks, underground streams, chasms and narrow passageways that extend through kilometres, presenting a challenge even to the most expert ones. The good news is that nowadays there are many activities related to caving which are suitable for a wide variety of people, from **easy caving tours** inside lit-up caves with no barriers, or even into rehabilitated mines, to going inside natural caves which are tailored to the needs and experience of every group. The qualified professionals dedicated to these activities in Cantabria will ensure you the utmost safety, so as to enjoy these hidden sceneries to the fullest, while sharing amazing experiences with you that will be hard to forget.

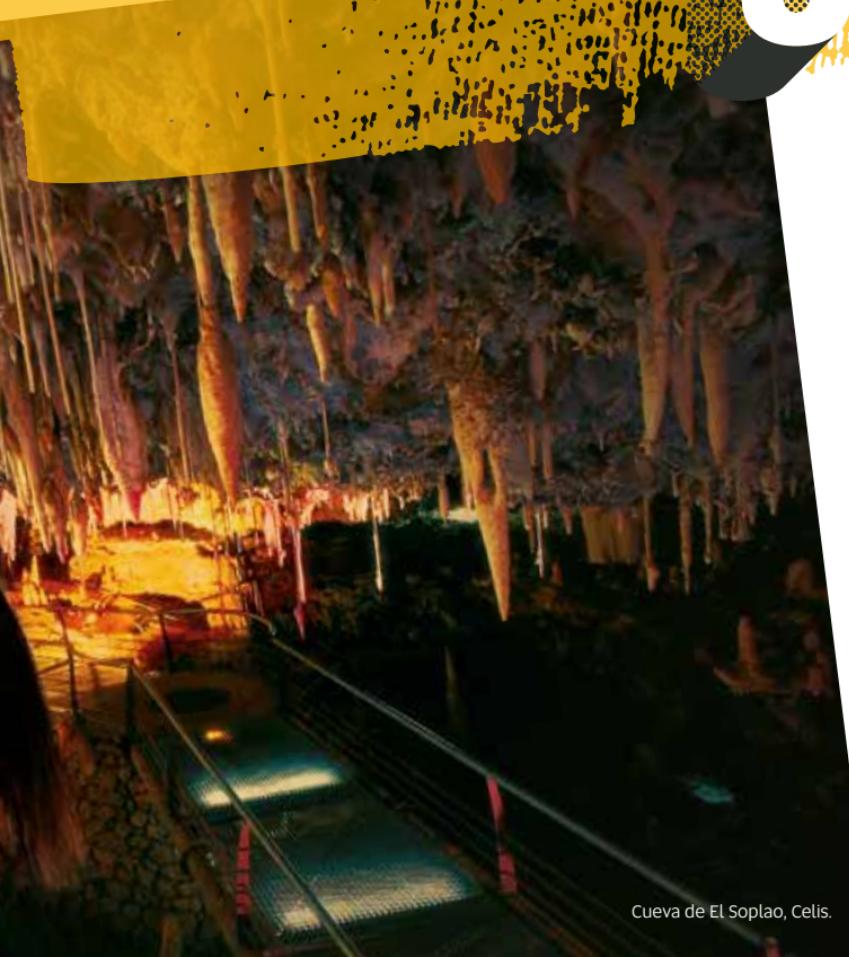
- **Caving**
- **Training**
- **Cave tours**
- **Mine exploration**





Cullalvera cave, Ramales de la Victoria.

C



Cueva de El Soplao, Celis.

# ON WHEELS.

## bicycles and other vehicles

The wheel is not just one of mankind's greatest invention, it is also one of the most fun. In Cantabria, cycling fans will find the roads where some world champions have grown up and wild routes through natural landscapes and mountain trails. Whether you are the sportsperson seeking demanding challenges or just want to have a good time on a bike lane with your family or your friends, you choose the level of difficulty and Cantabria provides you with the setting. Businesses specializing in this type of activities offer tailor-made packages that may include the whole equipment, even the bike, in nearly every case.

- **Cycling tours**
- **Moutain biking**
- **Skating**





# RIDING.

quad bikes, 4x4, horses, hot-air balloons

Where the road ends, a new world begins: a bigger, wilder, more unpredictable world. Far away from crowds and close to nature. Whether on a horse, a power-driven vehicle or even on a hot-air balloon, there are other ways of seeing Cantabria, from unusual perspectives. From a long route around Picos de Europa, to a short walk just to get started, the operators organizing these activities can create a whole package just to suit your needs and preferences.

- **Horse trail rides and outings**
- **Pony rides**
- **Dromedary rides**
- **Horse riding lessons**
- **Horse-drawn carriage rides**
- **Hot-air balloon rides**
- **Quad bike and motorcycle tours**
- **4x4 off-road tours**
- **Jet-skiing**





# SHOT BY SHOT.

golf courses

Cantabria currently has eleven golf courses. They are mostly located near the coast, except one which is close to the mountains. Welcome to Seve Ballesteros's homeland. It is worth travelling to Cantabria just for the sake of breathing the air of the bay from the seashore where this world-famous golf player learned his first shots. Not only that, but the region offers the opportunity to play in golf courses of great interest for players of all levels, some of which have been designed by the great Seve himself.

- **Golf**
- **Archery**
- **Paintballing**
- **Laser combat**





# ASÓN - AGÜERA

## BANZAI SURF SCHOOL

c/ ARDIGALES S/N  
CASTRO-URDIALES  
942 861 973 / 658 966 361 /  
[banzaisurf@telefonica.net](mailto:banzaisurf@telefonica.net)  
[www.banzaisurf.com](http://www.banzaisurf.com)

Surf & stand up paddle school.

## MAMUT

c/ REPÚBLICA ARGENTINA 5  
CASTRO-URDIALES  
677 455 888/[mamutours@gmail.com](mailto:mamutours@gmail.com)  
[www.mamutours.blogspot.com.es](http://www.mamutours.blogspot.com.es)

Environmental education tours, ecotourism, hiking, kayak courses, mountain biking, GPS training courses, cartography, fauna and flora watching, footprints and cartography, marks, bird watching.

## BUCEOAGUA

c/ OCHARAN MAZAS 9  
CASTRO-URDIALES  
942 780 808 / 675 449 210  
[buceoagua@buceoagua.com](mailto:buceoagua@buceoagua.com)  
[www.buceoagua.com](http://www.buceoagua.com)

Scuba diving courses, scuba diving outings, introductory courses, rental of diving equipment.

## SURFCODE

c/ OCHARAN MAZAS 38  
CASTRO-URDIALES  
654 443 379 / 667 089 068  
[info@surf-code.com](mailto:info@surf-code.com)  
[www.surf-code.com](http://www.surf-code.com)

Surf and stand up paddle school.

## ARENILLAS SURF SCHOOL

Bº ARENILLAS 43  
ISLARES (Castro Urdiales)  
644 330 707  
[info@escueladesurfarenillas.com](mailto:info@escueladesurfarenillas.com)  
[www.escueladesurfarenillas.com](http://www.escueladesurfarenillas.com)

Surf school.

## CANOASON

TABERNILLA (Ampuero)  
942 634 225 / 678 414 135  
[canoason@canoason.es](mailto:canoason@canoason.es)  
[www.canoaason.es](http://www.canoaason.es)

Guided canoe descent of the River Asón and the Nature Reserve of the Marshes of Santoña.

## EL SABLE EQUESTRIAN CENTRE

c/ REGATON 1  
LAREDO  
659301389 / 659738410  
[info@centroecuestrelsable.com](mailto:info@centroecuestrelsable.com)  
[www.centroecuestrelsable.com](http://www.centroecuestrelsable.com)

Horse riding courses and tours.

## EL REGATÓN HORSE RIDING CENTRE

c/ REGATON 3  
LAREDO  
608 004 679 / 686 252 246  
[equitacionelregaton@gmail.com](mailto:equitacionelregaton@gmail.com)  
[www.equitacionelregaton.es](http://www.equitacionelregaton.es)

Horse and pony rides and tours.

## ATLANTIC

c/ MARQUES DE COMILLAS 2  
LAREDO  
942 612 213/686 545 254/942 604 746  
[atlanticsurfshop@hotmail.com](mailto:atlanticsurfshop@hotmail.com)  
[www.atlanticsurfshop.es](http://www.atlanticsurfshop.es)

Surf and stand up paddle school.

## SANTA CLARA DE ASIS

c/ DOCTOR SENDEROS 2  
LAREDO  
637 584 164 / 942 605 903  
[excusionesmaritimas@gmail.com](mailto:excusionesmaritimas@gmail.com)  
[www.excusionesmaritimas.com](http://www.excusionesmaritimas.com)

Sea tours from Laredo, Santoña and Castro Urdiales.

## PINOS SURF SCHOOL

c/ ENRIQUE MOWINKEL 57  
LAREDO  
667 485 618/687 256 387/656 552 710  
[info@escuelasurfpinoslaredo.com](mailto:info@escuelasurfpinoslaredo.com)  
[www.escuelasurfpinoslaredo.com](http://www.escuelasurfpinoslaredo.com)

Surf and paddle surf school, board rental.

## DANI PABLOS SURF SCHOOL

AV DE LA LIBERTAD 5 - RCIA. EVER  
LAREDO  
615 076 296 / 667 758 125  
[daniipablos7@hotmail.com](mailto:daniipablos7@hotmail.com)  
[www.escueladesurfdanipablos.com](http://www.escueladesurfdanipablos.com)

Surf school.

## BM SURF SCHOOL

c/ ENRIQUE MOWINKEL 49  
LAREDO  
691 480 786 / 691 480 787  
[info@bmsurf.com](mailto:info@bmsurf.com)  
[www.bmsurf.com](http://www.bmsurf.com)

Surf school.

## NEMO DIVERS

PUERTO DE COLINDRES 27  
COLINDRES  
622 001 013  
[gabriel@nemodivers.es](mailto:gabriel@nemodivers.es)  
[www.nemodivers.es](http://www.nemodivers.es)

Scuba diving school.

## RIVERT GUIDES

Pza. DE LA QUINTANA 24  
GIBAJA (Ramales de la Victoria)  
618 982 931 / 942 646 625  
[guiasrivert@gmail.com](mailto:guiasrivert@gmail.com)  
[www.guiasrivert.com](http://www.guiasrivert.com)

Canyoning, caving, rock climbing,  
Via Ferrata.

## **LINUM BERCO**

RAMALES DE LA VICTORIA  
979747811 / 696495358 / 979747811 /  
contacto@linumberco.com  
www.linumberco.com

Rock climbing, hiking, canoeing,  
mountain biking, canyoning, abseiling,  
zip lining, trekking, holiday camps,  
orienteering, snowshoeing, mountain  
climbing, Via Ferrata, caving, treetop  
adventure.

## **NOR 3**

c/ MIES DE LA REVILLA 8  
RAMALES DE LA VICTORIA  
606 700 207 / 606 808 018  
info@nor3.com  
www.nor3.com

Canoeing, canyoning, caving,  
Via Ferrata, rock climbing.

## **GARMA ADVENTURE**

c/ MIES DE LA REVILLA 8  
RAMALES DE LA VICTORIA  
655 404 950  
info@garmaventura.com

Caving, canyoning, Via Ferrata.

## **ALTO ASON CAVE NETWORK**

c/ GENERAL SANJURJO (LOCAL 8) 5  
RAMALES DE LA VICTORIA  
942 646 539 / 667 701 623  
942 646 539  
martin@decuevas.es  
decuevas.es

Cave hiking tours, Via Ferrata,  
canyoning.

## **RASINES RURAL**

Bº SANTA CRUZ S/N  
RASINES  
942 681 989/620 575 549/  
649 525 649  
rasinesrural@hotmail.com

Canoeing, cave hiking tours, hiking.

## **LAS DOLINAS EQUESTRIAN CENTRE**

Bº LLANECES 19  
ARREDONDO  
649 841 731  
centroecuestrelasdolinas@gmail.com  
www.centroecuestrelasdolinas.es

Horse trail rides.

# **BESAYA**

## **ACTIVE CANTABRIA**

c/ MIES DE RESOLORES 12  
CARTES  
630 055 906  
info@cantabriactiva.com  
www.cantabriactiva.com

Rafting, canyoning, canoe descent,

canoe rafting, hydrospeed, caving,  
Via Ferrata, multi-adventure activities,  
hiking/trekking, snowshoeing.

## **PICOS A VISTA**

c/ EMILIO PORRUA 17  
CARTES  
630 841 265  
nfo@picosavista.com  
www.picosavista.com

Mountain activities.

## **BRENES XXI**

Polygono de BARROS 21  
BARROS - LOS CORRALES DE BUELNA  
942 803 376  
informacion@grupobrenes.com  
www.grupobrenes.com

Mountaineering, hiking, canyoning,  
caving, rafting, kayaking, holiday  
camps.

## **BAÑOS DE BOSQUES**

Ctra. GENERAL 42  
MOLLEDO  
650 454 129  
info@bosqueconalma.com  
www.banosdebosques.com

Hiking.

## **ACTIVITY**

c/ JOSE MARIA CABANAS 53  
TORRELAVEGA  
633 688 862  
activityturismoactivo@gmail.com  
activityturismoactivocantabria.com  
Rafting, canoeing, hydrospeed,  
canyoning, caving, bungee jumping,  
paintballing, hiking, Via Ferrata,  
multi-adventure activities.

## **ALTIUS ADVENTURE**

c/ LASAGA LARRETA 2  
TORRELAVEGA  
649 293 530  
info@altiusaventura.com  
www.altiusaventura.com

Rock climbing, climbing wall, mountain  
climbing, hiking, canyoning, bungee  
jumping.

## **K2 AVENTURATOUR**

942 888 727 / 615 497 665  
info@k2aventura.es  
www.k2aventura.es

Rafting, bungee jumping, canyoning,  
caving, hydrospeed, canoe rafting,  
canoeing, rock climbing, laser combat,  
paintballing, hiking, kayak surfing.

# CAMPOO

## ALTO EBRO TOURISM

c/ CASIMIRO SAINZ 48B  
MATAMOROSA (CAMPOO DE ENMEDIO)  
665 823 232  
[info@turismoaltoebro.com](mailto:info@turismoaltoebro.com)  
[www.turismoaltoebro.com](http://www.turismoaltoebro.com)

Kayac crossing, stand up paddling, windsurfing, motorboat rides, mountain biking, rock climbing, canyoning, caving, archery, paintballing, abseiling and hiking.

## VIRTUS OFF ROAD

c/ DE LA VEGA 4  
MATAMOROSA (CAMPOO DE ENMEDIO)  
947 154 273 / 625 437 638  
[caminodeburgos@hotmail.com](mailto:caminodeburgos@hotmail.com)  
[www.virtusoffroad.com](http://www.virtusoffroad.com)

Motorcycle routes.

## NESTARES GOLF COURSE

NESTARES (CAMPOO DE ENMEDIO)  
942 771 127 / 942 771 127  
[golfnestares@cantur.com](mailto:golfnestares@cantur.com)  
[www.cantur.com](http://www.cantur.com)

18-hole golf course, kids golf lessons, driving range.

## EBROKITE BOARDING SCHOOL

PANTANO DEL EBRO S/N  
CORCONTE (CAMPOO DE YUSO)  
615 786 283 / [ebrokite@gmail.com](mailto:ebrokite@gmail.com)

Kitesurf.

## ABIADA EQUESTRIAN TOURISM

ABIADA (HERMANDAD CAMPOO DE SUSO)  
630 569 168  
[turismoequestreabiada@gmail.com](mailto:turismoequestreabiada@gmail.com)  
[www.turismoequestreabiada.com](http://www.turismoequestreabiada.com)

Horse trail rides, horse-drawn carriage rides.

## SLALOM SKI SCHOOL

BARRIO ESTACION DE ESQUI  
BRAÑAVIEJA S/N  
LA LOMBA (HERMANDAD CAMPOO DE SUSO)  
656 909 716  
[escuela@escuelaesquislalom.com](mailto:escuela@escuelaesquislalom.com)  
[www.escuelaesquislalom.com](http://www.escuelaesquislalom.com)

Ski and snowboard lessons.

## ALTO CAMPOO SKI RESORT

LA LOMBA (HERMANDAD CAMPOO DE SUSO)  
942 779 223/942 779 222/942 752 837  
[infoaltocampoo@cantur.com](mailto:infoaltocampoo@cantur.com)  
[www.altocampoo.com](http://www.altocampoo.com)

More than 27 skiable kilometres with 22 slopes, ski and snowboard schools, equipment rental.

## GEA NORTE OCIO Y TIEMPO LIBRE S.L.

BARRIO LA FRONTAL 37  
SOTO (HERMANDAD CAMPOO DE SUSO)  
942 754 511 / 658 422 916  
[info@geanorte.com](mailto:info@geanorte.com)  
[www.geanorte.com](http://www.geanorte.com)

Rock climbing, abseiling, zip lining, Via Ferrata, canyoning, caving, snowshoeing, paintballing, mountain biking, hiking.

## H2UR

BARRIO DE ARROYO, 81  
ARROYO (LAS ROZAS)  
942 773 256 / 656 792 245 /  
[info@h2ur.com](mailto:info@h2ur.com)  
[www.h2ur.com](http://www.h2ur.com)

Rafting, hydrospeed, canoeing, kayaking, paintballing, rock climbing for beginners, caving, stand up paddling, snowshoeing.

## JAVENTUR SPORT & ADVENTURE TOURISM

REINOSA  
609 771 021  
[javenturocio@hotmail.com](mailto:javenturocio@hotmail.com)  
[www.javentur.com](http://www.javentur.com)

Aerial activities, hot-air balloon passenger flights.

## PANGEA PROYECTOS

c/ MARQUES DE CILLERUELO 1  
REINOSA  
942 750 309 / 658 869 213  
[consultoria@pangeaproyectos.es](mailto:consultoria@pangeaproyectos.es)  
[www.pangeaproyectos.es](http://www.pangeaproyectos.es)

Hiking, snowshoeing and mountaineering, geology and geomorphology interactive guided tours.

## PICOS MOUNTAIN GUIDES

c/ MALLORCA 9  
REINOSA  
630 810 912  
[info@guiaspicos.com](mailto:info@guiaspicos.com)  
[www.guaspicos.com](http://www.guaspicos.com)

Member of the Spanish Association of Mountain Guides, guided activities, training on rock and ice climbing, hiking, trekking, mountain climbing.

## FUENTE DÉ EQUESTRIAN TOURISM

c/ MALLORCA 35  
REINOSA  
655 166 429  
[j.angloguti@live.com](mailto:j.angloguti@live.com)

Horse trail rides around the region of Liébana.

## BES

REAL SITIO 1  
ESPINOSA DE BRICIA (VALDERREDIBLE)  
654 024 745  
[angelluismartinruiz@gmail.com](mailto:angelluismartinruiz@gmail.com)

Hiking, caving, canyoning and Via Ferrata.

# CENTRAL COAST

## SANTILLANA ADVENTURE

BARRIO VIALLÁN 179  
OREÑA (ALFOZ DE LLOREDO)  
942 313 736 / 606 707 194  
942 313 736  
correo@esobur.com  
www.esobur.com

Kayak surfing, mountain bike tours, bodyboarding, surfing, canoeing, hiking.

## BLACKSHARK SURFSCHOOL

BARRIO LA PLAYA 218  
CÓBRECES (ALFOZ DE LLOREDO)  
675 594 083  
info@blackshark.surf  
www.blackshark.surf

Surf school.

## TROYA EQUESTRIAN CENTRE

RUISENADA (COMILLAS)  
665 528 563 / 663 286 229

Horse trail rides.

## SPECIAL SURF SCHOOL

BARRIO LA IGLESIA VIEJA 205  
CUDÓN (MIENGO)  
942 035 834/616 677 529  
942 577 635  
info@specialsurf.com  
www.specialsurf.com

Surf school.

## ABRA DEL PAS GOLF COURSE

CARRETERA ABRA DEL PAS S/N  
MOGRO (MIENGO)  
942 577 597  
abradelpas@cantur.com  
www.cantur.co  
15-hole golf course, kids golf lessons, driving range.

## MOBILE SURF SCHOOL

c/ PICÓN 3  
PUENTE SAN MIGUEL (REOCÍN)  
628592423 / 616279119 /  
escueladesurfmobile@hotmail.es  
www.escueladesurfmobile.es

Surf school.

## TRENTI MULTI-ADVENTURES

BARRIO LA SIERRA 126  
HELGUERA (REOCÍN)  
942 838 283 / 615 204 471  
info@multiaventurastrenti.com  
www.multiaventurastrenti.com

Paintballing, horse trail rides, rafting, canyoning, multi-adventure park.

## LA ROBLEDA HORSE RIDES

AVDA. ANTONIO SANDI  
(FRENTE CUARTEL GUARDIA CIVIL)  
SANTILLANA DEL MAR  
637 376 090  
Sancho.m@hotmail.com

Horse and pony rides and trail rides.

## EUSEBIO HORSE TRAIL RIDES

FINCA SANTA JULIANA S/N  
SANTILLANA DEL MAR  
620 317 047

Horse and pony rides.

## EL PICO SURF SCHOOL

BARRIO VISPIERES 56  
VISPIERES - SANTILLANA DEL MAR  
655 583 096  
surdelpico@gmail.com  
www.surfelpico.com

Surf lessons in French, English and Spanish.

## EXPERIENTIAL CANTABRIA

BARRIO LA PELÍA 44  
VIVEDA (SANTILLANA DEL MAR)  
687 279 732  
info@cantabriaexperiencial.com  
www.cantabriaexperiencial.com

Hiking, hiking trails, wildlife observatory, visits to artisans and wineries.

## SOLAR SURF SCHOOL

c/ ENRIQUE OTI 8  
SUANCES  
638 594 462 / 686 350 025  
mirkasolar\_19@hotmail.com  
www.solarescueladesurf.com

Surf school.

## ACTITUR SUANCES

Pza. GENERALISIMO 3  
SUANCES  
630 122 126  
reservas@actitursuances.com  
www.actitursuances.com

Boat tours around the estuary and the coast of Suances.

## ADN ADVENTURES SUP SCHOOL

c/ LA FUENTE 10  
SUANCES  
620 914 769  
adnadventures@gmail.com  
www.adnadventures.com

Stand up paddle school.

## BIOSURFCAMP

c/ SERAPIO BEADE S/N  
SUANCES  
680 206 552  
info@biosurfcamp.com  
www.biosurfcamp.com

Surf school.

## LOS LOCOS SURF SCHOOL

Pº MARINA ESPAÑOLA 10  
SUANCES  
606 542 429 / 639 818 286  
info@surfloslocos.com  
www.surfloslocos.com

Surf and bodyboard lessons, rental of surf equipment and bicycles.

## **SENDA LA RIBERA**

c/ EL MUELLE 17  
SUANCES  
942 844 088 / 629 534 143  
info@sendalaribera.es  
www.sendalaribera.es

Bicycle touring.

## **TOTORASURF SCHOOL**

PASEO MARINA ESPAÑOLA 8  
SUANCES  
699 556 291 / 629 070 644  
info@totorasurfschool.com  
www.totorasurfschool.com

Surf, SUP and canoe activities.

## **RUTAS TURISTICAS 4X4 S.L.**

AV DE SAN SATURNINO 59  
HINOJEDO (SUANCES)  
942 843 127/608 482 948/942 843 127  
info@rutasturisticas4x4.com  
www.rutasturisticas4x4.com

Luxury trips with a customised service to unique destinations in parks and natural spaces on all-terrain vehicles.

## **CAVES AND TRAILS**

BARRIO LAS ESCUELAS 16  
LA HAYUELA (UDIAS)  
678 967 255 / 696 294 099  
cuevassenderosmandragora@gmail.com  
www.cuevaslamandragora.com

Caving and hiking.

# LIÉBANA

## **PAINTBALL LIÉBANA ACTIVA**

CARRETERA TORICES S/N  
CABEZÓN DE LIÉBANA  
659 960 996 / 659 960 995  
942 730 784  
info@liebanapaintball.com  
www.liebanapaintball.com

Paintball.

## **POTES ADVENTURE**

CAHECHO (CABEZÓN DE LIÉBANA)  
942 730 591 / 620 464 019  
info@potesaventura.com  
www.potesaventura.com

Canyoning, rock climbing, hiking, paragliding, mountain biking, caving.

## **EL PORTAL DE PICOS**

c/ PEMBES 29  
CAMALEÑO  
665 360 241 / 652 332 155  
info.reservas@elportaldepicos.com  
www.elportaldepicos.com

Mountain guide service, cross-country skiing, hiking, sledding, rock climbing, canoeing, rafting.

## **LIEBANA ZIP LINE**

c/ LA RIESTRE (CA-185)  
CAMALEÑO  
650 929 065 / 6761 992 80  
juan.pascual@live.com

Zip lining.

## **PICOS XTREME**

BARRIO PARES S/N  
ESPINAMA (CAMALEÑO)  
697 184 763 / 650 105 942  
oscar@picosxtreme.com  
www.picosxtreme.com

Hiking, cross-country skiing, snowshoeing, nordic walking, trail running, Via Ferrata, hiking, trekking.

## **LAS ESPEDILLAS TOURISM**

LAS ESPEDILLAS S/N  
LON (CAMALEÑO)  
942 733 030 / 645 097 809  
942 733 071  
info@lasespedillas.com  
www.lasespedillas.com

Equestrian tourism, horse trail rides.

## **TRANS PICOS EUROPA**

BARRIO LON S/N  
LON (CAMALEÑO)  
638 555 155  
info@trans-picoseuropa.com  
trans-picoseuropa.com

Hiking, mountain bike tours.

## **ARAVALLE EQUESTRIAN CENTRE**

BARRIO OLALLE 2  
VIÑÓN (CILLORIGO DE LIÉBANA)  
685 194 864 / 942 730 122  
942 731 021  
informacion@aravallecentroecuestre.com  
www.aravallecentroecuestre.com

Horse trail rides.

## **LIÉBANA ADVENTURE**

c/ JOSÉ FDEZ CUETARA  
CABAÑES (CILLORIGO DE LIÉBANA)  
657 111 194  
pabloalonsoguiaenpicos@hotmail.com  
www.liebanaventura.com

Canyoning, Via Ferrata, sport and classic rock climbing, hiking, snowshoeing, different level courses.

## **ANDARA MOUNTAIN GUIDE SERVICE**

c/ SUR 4  
LERONES (PESAGUERO)  
649 421 920 / 647 194 503  
andaraguides@gmail.com  
www.andaraguides.over-blog.es

Hiking, trekking.

## **PICOSTOUR SPORT & ADVENTURE TOURISM**

C/ SAN ROQUE 6  
POTES  
942 730 724 / 629 407 138  
info@picostour.com  
www.picostour.com

All-terrain vehicle tours, quad bike tours, hiking, rock climbing, mountain bike tours, canoeing, canyoning, mountain equipment rental, snowshoeing.

## **LIÉBANA AND PICOS DE EUROPA GUIDES**

BARRIO OLALLE 2

POTES  
677 046 352

guiasdeliebanaypicosdeeuropa@gmail.com  
guiasdeliebanaypicosdeeuropa.blogspot.com.es

Hiking, canyoning, rock climbing, Via Ferrata, mountain biking, peak climbing, caving, snowshoeing tours, cross-country skiing.

## **ECOTOUR-PALENCIA**

PICOS DE EUROPA-NANSA AREA

646 864 964

observandonaturaleza@gmail.com

nioproguedesma@gmail.com

Guided hiking tours.

## **SAJA - NANSA**

### **RESERVA DEL SAJA**

C/ MENTIDERO S/N  
RENEGO (CABUERNIGA)

942 706 190

direccion@arhareservadelsaja.com

Hiking, all-terrain vehicle tours, bike rides and mountain tours.

### **NATA ZEN**

BARRIO CADES 26  
CADES (HERRERIAS)  
676 562 286  
natarasilla@gmail.com  
www.nata-zen.com

Yoga, pilates, stand-up paddle boarding.

### **SUP PARADISE**

BARRIO CADES 26  
CADES (HERRERIAS)  
634 579 893 / 942 722 343  
info@sup-dreamers.com  
www.sup-dreamers.com

Stand-up paddle school.

### **EL SOPLAO CAVE**

PRAO COLLAO S/N  
CELIS (RIONANSA)  
902820282 / elsoplao@elsoplao.es  
www.elsoplao.es

El Soplao cave visits.

## **SOMOAVVENTURA**

CTRA. GENERAL S/N  
LA HERMIDA (PENARRUBIA)  
676 249 749  
info@somoaventura.com  
www.somoaventura.com

Canoe and bicycle rental, route planning.

## **ANDARA ACTIVA**

CTRA. GENERAL S/N  
LA HERMIDA (PENARRUBIA)  
636 954 609  
evacaso@hotmail.com  
www.andaraactiva.com

Canyoning, caving, Via Ferrata, snowshoeing, rafting, hiking, surfing, canoeing, multi-adventure activities.

## **NORTH SPAIN MOUNTAIN BIKING (BIKE ADVENTURES)**

CTRA. COMARCAL 625, KM 48,400 S/N  
UCIEDA (RUENTE)  
605 044 330 / 942 709 172  
ride@nsmtb.com  
www.nsmtb.com

Guided mountain bike tours, bicycle rental.

## **CABUERNIAVENTURA PARK**

LAMIÑA 34  
RUENTE  
649 540 041 / 615 829 601  
cabuerniaventura@gmail.com  
www.parquemultiaventura.com

Multi-adventure activities with zip lines, quad-bike rides, laser combat, pony rides, archery, road-safety education, crazy golf, golf cages, trampolines, 100-m zip line, water games, paintballing, hiking.

## **DREAMSURF CAMP**

BARRIO LA PLAYA S/N  
SAN VICENTE DE LA BARQUERA  
661 950 533 / 657 193 417  
info@dreamseasurfcamp.com  
www.dreamseasurfcamp.com/es

Surf lessons and surf camp.

## **ELEMENT SURF**

BARRIO OYAMBRE 26  
LOS LLAOS  
(SAN VICENTE DE LA BARQUERA)  
633 081 824 / info@elementsurf.de  
www.elementsurf.de

Surf school, surf camp.

## **ELECTRIC BOTES R&R**

PUERTO DEPORTIVO S/N  
SAN VICENTE DE LA BARQUERA  
619 370 183  
electricbotes@gmail.com  
electric-botes-rr-sl.business.site

Guided boat rides.

## **COSTA NORTE SURF SCHOOL**

AVDA. GINER DE LOS RIOS, 14 BAJO  
SAN VICENTE DE LA BARQUERA  
618 964 263 / 609282963  
comunicación@escueladesurfcostanorte.com  
www.escueladesurfcostanorte.com  
Surf school.

## **H2O LIVE ADVENTURE SURF SCHOOL**

AVDA. FRANCISCO GINER DE LOS RIOS 40  
SAN VICENTE DE LA BARQUERA  
618 858 033 / 657 964 113  
escuelasurfh2o@hotmail.com  
www.escuelasurfh2o.com

Surf school, canyoning, rock climbing and Via Ferrata.

## **SURFNSOUL.COM SURF SCHOOL**

LOS LLAOS -BARRIO GERRA 1  
SAN VICENTE DE LA BARQUERA  
699 924 009  
www.surfnsoul.com

Surf school, small groups, individual lessons in Spanish, German, French and English.

## **BUENA ONDA SURF AND BODYBOARD SCHOOL**

AV FRANCISCO GINER DE LOS RIOS 48  
SAN VICENTE DE LA BARQUERA  
646 554 053 / 635 725 832  
info@escueladesurfbuenaonda.com  
www.escueladesurfbuenaonda.com

Surf and bodyboarding school.  
Equipment rental.

## **EQUUS BORIA**

Barrio BORIA 34  
SAN VICENTE DE LA BARQUERA  
626 283 570 / 696 764 381  
cris\_boria@hotmail.com  
www.equusboria.com

Horse trail rides.

## **MERÓN SURF**

AVDA. FRANCISCO GINER DE LOS RIOS 26  
SAN VICENTE DE LA BARQUERA  
679 205 242 / 628 547 044  
info@escueladesurfmeron.com  
www.escueladesurfmeron.com

Surf school.

## **PLANET SURF**

PLAYAS  
SAN VICENTE DE LA BARQUERA  
662603040 /  
info@planetsurfcamps.com  
www.campamentodesurf.com

Surf school.

## **SURFADCITOS**

AVDA. FRANCISCO GINER DE LOS RIOS 26  
SAN VICENTE DE LA BARQUERA

660 585 994 / 699 169 839

surfadicots@gmail.com  
www.surfadicotoscueladesurf.com  
Surf and stand-up paddle school.

## **OYAMBRE SURF**

CAMPING LA PLAYA OYAMBRE BEACH  
EL TEJO (VALDÁLIGA)  
666 495 457 / 942 722 463  
oyambresurf@gmail.com  
www.oyambresurf.com

Surf camp, surf school, equipment rental.

## **PANES ADVENTURE**

BARRIO EL ARGUMAR 1  
LUEY (VAL DE SAN VICENTE)  
676 541 014 / 652 040 839  
info@panesaventura.com

River canoeing, canyoning, hiking, guided mountain tours.

## **AQUA 21 ADVENTURE**

BARRIO LAS CARMELAS S/N  
UNQUERA (VAL DE SAN VICENTE)  
942 719 705/619 331 866/942 717238  
informacion@aqua21.com  
www.aqua21aventura.com

Hydrospeed, canoeing, horse riding, rafting and canyoning.

## **CANOE AVENTURA TROPHY**

BARRIO LA CUEVA 2  
UNQUERA (VAL DE SAN VICENTE)  
676 799 839  
info@canoeaventuratropy.com  
www.canoeaventuratropy.com

Canoeing, rafting, hydrospeed, canyoning, quad biking, paintballing, surfing, horse riding, caving, rock climbing.

## **DEVATUR**

CTRA. GENERAL 6  
UNQUERA (VAL DE SAN VICENTE)  
942 717 033/609 328 110/942 717 013  
devatur@gmail.com  
www.canoas.com.es

Canoe descent of the River Deva, horse trail rides, descent of the River Navedo, caving, multi-adventure park, rafting, summer camps.

## **SPORTTUR**

c/ REMIGIO NORIEGA 1  
UNQUERA (VAL DE SAN VICENTE)  
942 719 530 / 636 222 003  
canoas@sporttur.es  
www.sporttur.es

Canoeing, kayaking, rafting, descents of rivers, adventure tours around Picos de Europa, tour guide service of Picos de Europa and mountain bike trails.

# SANTANDER

## KUNG FU KITE

c/ MONTERREY 2  
MALIAÑO (CAMARGO)  
667 874 822  
[info@kungfukite.com](mailto:info@kungfukite.com)  
[www.kungfukite.com](http://www.kungfukite.com)

Kitesurf school (beginners, improvement or advanced level courses), equipment rental. Hiking and biking tours.

## SANTANDER JET SKI

c/ RUALMAR  
MALIAÑO (CAMARGO)  
678 117 704  
[motosaguasantander@gmail.com](mailto:motosaguasantander@gmail.com)  
[www.motosaguasantander.com](http://www.motosaguasantander.com)

Jet skiing tours.

## MOUROSUB

AVDA. TORNADA (EDIF. CAPITANÍA) S/N  
– MARINA DEL CANTÁBRICO  
MALIAÑO (CAMARGO)  
942 356 142 / 687 708 742  
[info@mourosub.com](mailto:info@mourosub.com)  
[www.mourosub.com](http://www.mourosub.com)

Scuba diving school.

## PUERTO GRIS NAVIGATION

Urb. PUERTO MARÍTIMO - MARINA DEL CANTÁBRICO  
MALIAÑO (CAMARGO)  
628 173 794  
[jdelahoz@nauticapuertogriss.com](mailto:jdelahoz@nauticapuertogriss.com)  
[www.nauticapuertogriss.com](http://www.nauticapuertogriss.com)

Sea tours and expeditions.

## ACTIVATE ADVENTURE

c/ CAMILO ALONSO VEGA 48, portal 4  
SANTANDER  
606 140 537  
[activateaventura@gmail.com](mailto:activateaventura@gmail.com)  
[www.activateaventura.com](http://www.activateaventura.com)

Hiking, mountaineering, trekking, snowshoeing, Via Ferrata, sport rock climbing, sport abseiling, stand up paddle boarding, kayaking, snorkelling, canyoning, caving, mountain biking, bicycle touring.

## AHAU SURF SCHOOL

c/ DUQUE DE SANTO MAURO 7  
SANTANDER  
633 785 109  
[info@ahausurfschool.com](mailto:info@ahausurfschool.com)  
[www.ahausurfschool.com](http://www.ahausurfschool.com)

Surf school.

## AVVENTURA MÁXIMA

c/ TÍO TREMENTORIO 1  
SANTANDER  
660 427 711  
[www.aventuramaxima.es](http://www.aventuramaxima.es)

Caving, canyoning, rock climbing, Via

Ferrata, hiking, bike outings, kayaking.

## BAY OF SANTANDER

PASEO GENERAL DÁVILA 127  
SANTANDER  
630 258 513 / 942 23 6988  
[info@bahiasantander.es](mailto:info@bahiasantander.es)  
[www.bahiasantander.es](http://www.bahiasantander.es)

Nature boat tours around the Bay of Santander and the Nature Reserve of the Marshes of Santoña, Victoria and Joyel, heritage interpretation, bird watching.

## BLACK BALL SURF SCHOOL

c/ PANAMA S/N  
SANTANDER  
942 290 163 / 678 589 354  
[blackball@blackballsurf.es](mailto:blackball@blackballsurf.es)  
[www.blackballsurf.es](http://www.blackballsurf.es)

Surf, bodyboard and stand up paddle school.

## CANTABRIAN WAY

c/ FERNANDO DE LOS RÍOS 67  
SANTANDER  
652 998 549  
[info@cantabrianway.es](mailto:info@cantabrianway.es)  
[www.cantabrianway.es](http://www.cantabrianway.es)

Hiking, trekking, mountain bike tours and bicycle touring.

## CARLOS CUÉ-ROCK CLIMBING

c/ LAS CAGIGAS 11  
SANTANDER  
653 133 529 / 942 332 799  
[carlos@cursosdeescalada.com](mailto:carlos@cursosdeescalada.com)  
[www.cursosdeescalada.com](http://www.cursosdeescalada.com)

Rock climbing lessons in a climbing wall site and on natural rock.

## LA HORADADA SAILING CLUB

AVDA. REINA VICTORIA S/N, PLAYA DE LA MAGDALENA  
SANTANDER  
942 281 411/606 707 194/942 280 402  
[clublahoradada@gmail.com](mailto:clublahoradada@gmail.com)  
[www.clublahoradada.es](http://www.clublahoradada.es)

Water sports.

## COLECTIVO CUATRO GATOS

c/ GUEVARA 11  
SANTANDER  
615 418 347/942 050 101/942 050 102  
[colectivocuatrogatos@yahoo.es](mailto:colectivocuatrogatos@yahoo.es)  
[www.colectivocuatrogatos.net](http://www.colectivocuatrogatos.net)

Surfing, kayaking, snorkelling, mountain biking, rock climbing, trekking.

## SURF SCHOOL

### LOS MOLINUCOS

AVDA. DR. GREGORIO MARAÑÓN 17  
SANTANDER  
942 280 013 / 628 172 700  
[escueladesurfmolinucos@gmail.com](mailto:escueladesurfmolinucos@gmail.com)  
[www.escueladesurfmolinucos.com](http://www.escueladesurfmolinucos.com)

Surf and stand up paddle school.



**SANTANDER SURF SCHOOL**

PLAYA DE CANALLAVE S/N  
LIENCRES (PIELAGOS)  
669 488 015  
[info@escueladesurfsantander.com](mailto:info@escueladesurfsantander.com)  
[www.escueladesurfsantander.com](http://www.escueladesurfsantander.com)

Surfing lessons. Small groups and individual lessons. Equipment rental.

**SARDINERO ESCUELA DE SURF**

PZA. DE ITALIA S/N - 1<sup>a</sup> PLAYA DEL  
SARDINERO  
SANTANDER  
942 270 301 / 699 940 354 /

[info@escueladesurfsardinero.com](mailto:info@escueladesurfsardinero.com)

[www.escueladesurfsardinero.com](http://www.escueladesurfsardinero.com)

Surf school. Week and weekend courses. Individual lessons.

**ESOBUR SPORT & ADVENTURE TOURISM**

AVDA. DE LOS CASTROS 87  
SANTANDER

942 313 736 / 606 707 194

[esobur@gmail.com](mailto:esobur@gmail.com)

[www.esobur.com](http://www.esobur.com)

Kayaking, surfing, descents of rivers, mountain biking, rock climbing, hiking, sailing and organised routes of the Pilgrims' Route to Santiago.

**EXPLORING CANTABRIA**

c/ CASTELAR 49  
SANTANDER  
683 188 858 / 942 873 529  
[info@exploringcantabria.com](mailto:info@exploringcantabria.com)

Tours and activities throughout Cantabria..

**FORESTAL PARK**

AVDA. DEL FARO S/N  
SANTANDER  
608 117 116  
[reservas.santander@forestalpark.com](mailto:reservas.santander@forestalpark.com)

Adventure and zip-line park, treetop games, families, schools, companies. More than 70 different activities: fountains, nets, 260-m zip line.

**LA TIERRA DEL ROBLE**

c/ JIMÉNEZ DÍAZ 7  
SANTANDER  
942 051 748 / 639 166 994  
[administracion@surmavision.com](mailto:administracion@surmavision.com)

[www.latierradelroble.com](http://www.latierradelroble.com)

Hiking.

**LOS REGINAS**

PASEO MARÍTIMO, MUELLE DEL  
EMBARCADERO  
SANTANDER  
942 216 753/669 895 786/942 216 619  
[info@losreginas.es](mailto:info@losreginas.es)

[www.losreginas.com](http://www.losreginas.com)

Sea tours around the Bay of Santa  
nder.

**PAINTBALL CUETO SANTANDER**

BARRIO CORCONERAS 7  
CUETO (SANTANDER)  
942 392 298 / 619 196 573  
[cuento@paintballcueto.com](mailto:cuento@paintballcueto.com)

Paintball course, angling, group packages and incentives.

**SANTANDER BAHIA TOURS**

c/ GAMAZO S/N  
SANTANDER  
942 369 022 / 622 884534

[info@santanderbahiatours.com](mailto:info@santanderbahiatours.com)

[www.santanderbahiatours.com](http://www.santanderbahiatours.com)

Cultural-touristic boat tours around the Bay of Santander.

**SANTANDER CRUISES**

JUAN DE HERRERA, 11 - 2º  
SANTANDER  
600 017 798 / 695 261 359

[info@santandercruceros.com](mailto:info@santandercruceros.com)

[www.santandercruceros.com](http://www.santandercruceros.com)

Sailing boat rental with or without skipper, sailing lessons, sailing certificates, boat races.

**SCAPHA, NATURE, CULTURE AND ADVENTURE**

c/ CONSUELO BERGÉS 17  
SANTANDER  
609 415 938  
[gonzalogarcia@scapha.com](mailto:gonzalogarcia@scapha.com)

[www.scapha.com](http://www.scapha.com)

Hiking, cultural visits, adventure trips, luxury trips, surf tourism packages and organisation of events and conferences.

**STAND UP SANTANDER**

c/ ESTACIONAMIENTO DE LOS  
PELIGROS S/N  
SANTANDER  
606 140 537

[standupsantander@hotmail.com](mailto:standupsantander@hotmail.com)

[www.standupsantander.com](http://www.standupsantander.com)

Stand up paddle and kayak school, flyboarding sessions, pilates-yoga, courses, rental, outings, campus, stag/hen parties and groups.

**TANEA**

c/ BONIFAZ 22  
SANTANDER  
601 455 177

[info@cooltoure.com](mailto:info@cooltoure.com)

[www.cooltoure.com](http://www.cooltoure.com)

Nature and culture tours.

**XPLORAVENTURA**

c/ BURGOS 36  
SANTANDER  
722 235 159

[miguelangelperezponton@gmail.com](mailto:miguelangelperezponton@gmail.com)

[www.xploraventura.com](http://www.xploraventura.com)

Hiking, caving, cave hiking, caving in mines, mountaineering, canyoning, Via Ferrata, rock climbing.

## **LIENCRSES SURF SCHOOL**

BARRIO LA IGLESIA - LAS MAZAS 13 C -  
CASA 1  
LIENCRSES (PIÉLAGOS)  
607 450 442 / 620 944 454  
[info@escueladesurflienres.com](mailto:info@escueladesurflienres.com)  
[www.w.escueladesurflienres.com](http://www.w.escueladesurflienres.com)  
Surf and stand up paddle courses.

## **HIMAL**

EL POZO 109  
BOO DE PIELACOS (PIÉLAGOS)  
649 471 135 / 630 129 626  
[proman@himalviajes.com](mailto:proman@himalviajes.com)  
[www.viajeshimal.com](http://www.viajeshimal.com)

## **ROBAYERA HORSE RIDES**

BARRIO RIBAGIAR S/N  
LIENCRSES (PIÉLAGOS)  
650 059 342  
[sitjl@hotmail.com](mailto:sitjl@hotmail.com)  
[www.robayera.com](http://www.robayera.com)

Horse rides.

## **CABÁRCENO NATURE RESERVE**

OBREGÓN S/N  
OBREGÓN (VILLAESCUSA)  
942 563 736 / 942 564 150  
[www.parquedecabarceno.com](http://www.parquedecabarceno.com)

More than 20-km park with animals from all five continents living in semi-free conditions. A net of footpaths and roads to be covered on foot or by car.

# TRASMIERA

## **ISLA SURF SCHOOL**

PASEO DEL SABLE 15  
ISLA PLAYA (ARNUERO)  
672 091 325  
[escueladesurfisla@hotmail.com](mailto:escueladesurfisla@hotmail.com)  
[www.escueladesurfisla.com](http://www.escueladesurfisla.com)

Surf school, surf camp, surf courses, equipment rental.

## **ISLADVENTURE**

ISLA (ARNUERO)  
618 882 892 / 626 178 929  
[davidarriza@isladventure.es](mailto:davidarriza@isladventure.es)  
[www.isladventure.es](http://www.isladventure.es)

Hiking, snorkelling, bike tours, canoe tours, surfing, paddle surfing, bodyboarding.

## **EVECAN SAFARI AVENTURA**

BARRIO RIEGOS 9  
SOANO (ARNUERO)  
659 062 966  
[info@evecan.net](mailto:info@evecan.net)  
[www.evecansafariaventura.com](http://www.evecansafariaventura.com)

Dromedary and horse rides.

## **AJO NATURA**

c/ LA BANDERA 1071  
AJO (BAREYO)  
675 720 975  
[epgmarketing@gmail.com](mailto:epgmarketing@gmail.com)  
[www.ajonatura.com](http://www.ajonatura.com)

Surf-related activities.

## **AJO SURF SCHOOL**

PLAYA DE CUBERRIS S/N  
AJO (BAREYO)  
607 677 705 / 607 521 765  
[ajosurfschool@gmail.com](mailto:ajosurfschool@gmail.com)  
[www.ajosurfschool.com](http://www.ajosurfschool.com)

Surf school.

## **ATLANTIK SURF**

c/ LA BANDERA, 1222 (CAMPING LAS ARENAS)  
AJO (BAREYO)  
617 646 387  
[info@atlantiksurf.com](mailto:info@atlantiksurf.com)  
[www.atlantiksurf.com](http://www.atlantiksurf.com)

Surf school.

## **PAINTBALL AJO**

BARRIO EL FARO 755  
AJO (BAREYO)  
644 438 422  
[reservas@paintbalcabodeajo.com](mailto:reservas@paintbalcabodeajo.com)  
[www.paintballcabodeajo.com](http://www.paintballcabodeajo.com)

Paintball.

## **COSTA VERDE ADVENTURE**

BARRIO PADERNE 10  
NAVAJEDA (ENTRAMBASAGUAS)  
680 716 280  
[costaverdeaventura@gmail.com](mailto:costaverdeaventura@gmail.com)  
[www.costaverdeaventura.com](http://www.costaverdeaventura.com)

Rock climbing and mountaineering activities, Via Ferrata, canyoning, mountain biking.

## **CAN SAILING ACTIVITY CENTRE**

c/ LA BARQUERA, PUERTO DEPORTIVO MARINA DE PEDREÑA 151  
PEDREÑA (MARINA DE CUDEYO)  
942 049 430 / 695 180 954  
[can@actividadesnauticas.com](mailto:can@actividadesnauticas.com)  
[www.actividadesnauticas.com](http://www.actividadesnauticas.com)

Cursos de vela, windsurf, kayak y SUP. Alquileres de vela, windsurf, kayak, stand up paddle, barcos a motor.

## **PEDREÑA SCUBA DIVING CENTRE**

c/ LA BARQUERIA 151  
PEDREÑA (MARINA DE CUDEYO)  
685 230 515  
[info@buceopedrena.es](mailto:info@buceopedrena.es)  
[www.buceopedrena.es](http://www.buceopedrena.es)

Scuba diving courses, outings and trips, technical scuba diving.

**ENJOY SUP SCHOOL**

PASEO DEL BRUSCO 4

NOJA

696 595 938

info@enjoysupschool.com

www.enjoysupschool.com

Surf, bodyboard and paddle surf school, equipment rental, camps.

**RIS SURF SCHOOL**

PASEO MARÍTIMO 11

NOJA

692 373 136 / 630 285 658

esueladesurfris@gmail.com

www.escueladesurfris.com

Surf and bodyboard school, equipment rental.

**NOJACTIVA**

PASEO MARÍTIMO 10

NOJA

606 418 895 / 653 056 729

welron\_69\_1@hotmail.com

www.nojactiva.com

Guided kayak tours, snorkelling.

**LAOLA SURF SCHOOL**

c/ EL CRUCE 2

GALIZANO (RIBAMONTÁN AL MAR)

687 153 923 / 661 299 114

escueladesurflaola@gmail.com

www.escueladesurflaola.com

Surf school.

**HAND**

USERA 17

LANGRE (RIBAMONTÁN AL MAR)

665 062 064 / 647 730 668

Surf school.

**LANGRE BEACH**

c/ EL PUENTE 57

LANGRE (RIBAMONTÁN AL MAR)

606 706 629 / 683 532 267

hi@langre-beach.surf

www.langre-beach.surf

Surf school.

**LANGRE SURF SCHOOL**

c/ USERA 89

LANGRE (RIBAMONTÁN AL MAR)

942 504 106 / 653 963 039

info@langresurf.com

www.langresurf.com

Surfing, paddling, kayaking, hiking.

**LIQUID SURF TRAVEL**

c/ USERA 17

LANGRE (RIBAMONTÁN AL MAR)

942 373 626/659 742 956/942 236 068

info@liquid-surf.com

www.liquid-surf.com

Surf school, improvement lessons, surf camp.

**LA CURVA SURF SCHOOL**

c/ EL PUENTE (URB. ISLA SANTA MARINA) 1

LOREDO (RIBAMONTÁN AL MAR)

942 509 100 / 626 230 716

info@escueladesurflacurva.es

www.escueladesurflacurva.es

Surf school.

**NEL ESTRADA SURF SCHOOL**

Urb. MONTEMAZO 2

LOREDO (RIBAMONTÁN AL MAR)

608 198 576

info@escueladesurfnellestrada.com

www.escueladesurfnellestrada.com

Surf school.

**LOREDO ADVENTURE**

c/ EL PUENTE 22 urb. LA FUENTE

LOREDO (RIBAMONTÁN AL MAR)

616 968 854

info@loredoaventura.com

www.loredoaventura.com

Rental of canoes, surfing equipment, paintballing, stand up paddling, bike rental. Canyoning.

**LOREDO SURF SCHOOL**

BAJADA A LA PLAYA 22

LOREDO (RIBAMONTÁN AL MAR)

636 595 571

info@loredosurfschool.com

www.loredosurfschool.com

Surf lessons, equipment rental, surf camp and surf coach.

**MASQUESURF**

c/ DEL PUENTE 3 - MONTE MAZO

(BAJO 10)

LOREDO (RIBAMONTÁN AL MAR)

607 483 495 / 942 504 199

masquesurf313@gmail.com

www.masquesurf.com

Surf school.

**WOLF HOUSE SURF SCHOOL**

c/ RUMOR 9

LOREDO (RIBAMONTÁN AL MAR)

610 057 658

wolfhouse@hotmail.it

www.wolf-house.com

Surf.

**CANTABRIAN SURF SCHOOL**

PASEO MARÍTIMO S/N

SOMO (RIBAMONTÁN AL MAR)

942 510 615 / 609 482 823

ecsurf@escuelacantabradesurf.com

www.escuelacantabradesurf.com

Surf, stand up paddle and skate lessons.



#### **AWA SURF SCHOOL**

BARRIO CALABAZAS 26  
SUESA (RIBAMONTÁN AL MAR)  
607 382 604 / 661 962 924  
[info@surfaguacom](mailto:info@surfaguacom)[www.surfaguacom](http://www.surfaguacom)

Surf and stand up paddle school.

#### **LA ISLA SANTA MARINA SURF SCHOOL**

BARRIO LOS LLOROS 37  
SOMO (RIBAMONTÁN AL MAR)  
659 036 999 / 646 191 719  
[info@escueladesurflaislasantamarina.es](mailto:info@escueladesurflaislasantamarina.es)  
[www.escueladesurflaislasantamarina.es](http://www.escueladesurflaislasantamarina.es)

Surf school.

#### **SUNSET SURF SCHOOL**

c/ CABO MAYOR 12  
SOMO (RIBAMONTÁN AL MAR)  
942 510 726 / 609 424 278 /  
[reservas@escueladesurfsunset.com](mailto:reservas@escueladesurfsunset.com)  
[www.escueladesurfsunset.com](http://www.escueladesurfsunset.com)

Surf and stand up paddle school,  
kayak rental.

#### **KOA SURF SCHOOL**

BARRIO PINAR DE ARNA 83  
SOMO (RIBAMONTÁN AL MAR)  
942 501 913 / 655 672 210  
[koao@koaecueladesurf.com](mailto:koao@koaecueladesurf.com)  
[www.koaescueladesurf.com](http://www.koaescueladesurf.com)

Surf and stand up paddle lessons,  
pilates and specific training for surfing,  
osteopathy, physiotherapy, bike rental,  
surf camps.

#### **LA WAVE SURF SCHOOL**

c/ EL MONTE 94  
SOMO (RIBAMONTÁN AL MAR)  
600 632 506 / 942 510 659  
[www.lawavesurf.com](http://www.lawavesurf.com)

Surfing, stand up paddling, bike rental.

#### **LATAS SURFHOUSE**

BARRIO ARNA 131  
SOMO (RIBAMONTÁN AL MAR)  
942 509 236 / 675 706 689  
[info@latassurfhouse.com](mailto:info@latassurfhouse.com)  
[www.latassurfhouse.com](http://www.latassurfhouse.com)

Surf school, board rental and stand  
up paddle tours..

#### **NWK NORTHWIND**

**KITESURF & SUP**  
c/ CABO MAYOR 13  
SOMO (RIBAMONTÁN AL MAR)  
942 510 465 / 609 407 294  
[info@northwindcompany.com](mailto:info@northwindcompany.com)  
[www.northwindcompany.com](http://www.northwindcompany.com)

Kitesurf, stand up paddle and surf  
school.

#### **XPEEDING SURF SCHOOL**

c/ ISLA DE MOURO 10  
SOMO (RIBAMONTÁN AL MAR)  
699 063 930 / 942 510 511  
[info@xpeedinsurfschool.com](mailto:info@xpeedinsurfschool.com)  
[www.xspeedinsurfschool.com](http://www.xspeedinsurfschool.com)

Surf, stand up paddle and skate  
lessons.



### **ALTO MIERA ACTIVITY CENTRE**

BARRIO REAL SITIO 5  
LA CAVADA (RIOTUERTO)  
695 126 576  
[info@centroactividadesaltomiera.com](mailto:info@centroactividadesaltomiera.com)  
[www.centroactividadesaltomiera.com](http://www.centroactividadesaltomiera.com)

Cave canyoning, Via Ferrata, rock climbing, bungee jumping, hiking and mountain climbing, climbing wall.

### **BERRIA SURF SCHOOL & CAMP**

PLAYA DE BERRIA S/N  
SANTOÑA  
619 076 036 / 942 626 299  
[info@berriasurfschool.com](mailto:info@berriasurfschool.com)  
[www.berriasurfschool.com](http://www.berriasurfschool.com)

Surf and stand up paddle school, surf camp.

### **BUCIERO NATURA**

C/ JUAN DE LA COSA 45  
SANTOÑA  
611 483 169 / 677 669 939  
[info@bucieronatura.com](mailto:info@bucieronatura.com)  
[www.bucieronatura.com](http://www.bucieronatura.com)

Guided visits, hiking and canoeing.

### **APASIONA2 SURF SCHOOL**

C/ PEREZ GALDOS 22  
SANTOÑA  
639 022 172 / 615 589 971 / 942 671 106  
[info@escueladesurfpasiona2.es](mailto:info@escueladesurfpasiona2.es)  
[www.escueladesurfpasiona2.es](http://www.escueladesurfpasiona2.es)

Surf school.

### **LA MADRILEÑA DE SURF**

Avda. PRIMERA DE BERRIA 43  
SANTOÑA  
637 374 264  
[info@madsurf.es](mailto:info@madsurf.es)  
[www.madridsurfschool.com](http://www.madridsurfschool.com)

Surf school.

### **LA TRIBU SURF SCHOOL**

c/ PLAYA DE BERRIA SEGUNDA AV. 9  
SANTOÑA  
665 975 592  
[latribuescueladesurf@gmail.com](mailto:latribuescueladesurf@gmail.com)  
[www.latribuescueladesurf.com](http://www.latribuescueladesurf.com)

Surf school..

### **SURF CAMP FLOMA**

Pza. SAN ANTONIO 1  
SANTOÑA  
639 527 124  
[surfcampflomasantona@gmail.com](mailto:surfcampflomasantona@gmail.com)

Surf school.

### **WATSAY SURF SCHOOL**

PLAYA DE BERRIA S/  
SANTOÑA  
942 680 522 / 606 573 045  
942680522  
[info@watsay.com](mailto:info@watsay.com)  
[www.watsaysurfschool.com](http://www.watsaysurfschool.com)

Surf school.

### **VOTOAVVENTURA**

SAN PANTALEÓN DE ARAS  
SAN PANTALEÓN DE ARAS (VOTO)  
942 679 006 / 670 424 881 /  
[titovotoavventura@gmail.com](mailto:titovotoavventura@gmail.com)  
[www.votoavventura.com](http://www.votoavventura.com)

Quad bike rental for guided tourist tours.

# VALLES PASIEGOS

## ALCEDA ADVENTURE

PARQUE DE ALCEDA  
ALCEDA (CORVERA DE TORANZO)  
942 594 445 / 697 363 471  
info@alcedaaventura.es  
www.alcedaaventura.es

Adventure forest tours, canyoning, bike rental, rental of electric bikes for two or three people.

## ECUESTRE 30 MONTES

ESCAVADOS 20  
ARENAL (PENACOS)  
658 217 478 / 639 566 877  
3montes@gmail.com

## ALPINE PROJECT

BARRIO LAS LLAMAS 6  
SELAYA  
942 262 187 / 691 681 813  
alpineproject@alpineproject.es  
www.alpineproject.es



Mountain biking, rock climbing, mountain climbing, cross-country skiing, canyoning.

## EL HAYAL ACTIVE AGRITOURISM

LOS MOLINOS S/N  
ALOÑOS (VILLACARRIEDO)  
942 748 446 / 667 648 541  
info@elhayal.com  
www.elhayal.com

Agritourism activities: visits to working farms, traditional rural activities, educational workshops related to the rural environment.

## LA ESPINA EQUESTRIAN CENTRE

FINCA LA ESPINA  
SAN MARTIN DE VILLAFUFRE  
(VILLAFUFRE)  
617 671 409  
ana@masqueideas.com  
www.centroecuestrelaespinia.com

Horse trail rides and tours, horse riding lessons, English camps.



# INFORMATION OF INTEREST

## TOURIST OFFICES BELONGING TO THE GOVERNMENT OF CANTABRIA

### SANTANDER

Regional Tourism Office  
Mercado del Este. Hernán Cortés, 4. 39003  
Tel. 942 310 708 Fax 942 313 248  
Teléfono Vacaciones: 901 111 112  
Infocantur: 902 210 112  
turismosantander@cantur.com

### CASTRO URDIALES

Parque Amestoy, s/n. 39700  
Tel. 942 871 512 Fax 942 871 337  
turismocastro@cantur.com

### LAREDO

Alameda Miramar, s/n. 39770  
Teléfono y Fax 942 611 096  
turismolaredo@cantur.com

### SANTILLANA DEL MAR

Jesús Otero, 20. 39330  
Tel. 942 818 251 Fax 942 840 265  
turismosantillana@cantur.com

### SEVE BALLESTEROS SANTANDER AIRPORT

Arrivals terminal  
39600 Camargo. Tel. 942 250 904  
turismoaeropuerto@cantur.com

### SANTANDER FERRY STATION

Estación Marítima, s/n. 39003  
Abierta en días de Ferry/cruceros

### SANTANDER BUS STATION

Plaza de las Estaciones, s/n. 39002  
Tel. 629 910 440  
Abierta en verano, Semana Santa y puentes  
turismoestacionbus@cantur.com

### UNQUERA

San Felipe Neri, s/n. 39560  
(junto a Casa de Cultura Villa Mercedes)  
Tel. 690 602 107

turismounquera@cantur.com

Open in Easter and summer

### TORRELAVEGA

Plaza José María González Trevilla  
(Pequeñeces)

39300 - Tel. 942 133 077

turismotorrelavega@cantur.com

### CABÁRCENO NATURE PARK

(By the Reptile House)

Open in Easter and summer

Tel. 606 592 281

infoturcabarceno@cantur.com

### PILGRIM INFORMATION LEBANIEGO

#### STUDIES CENTER, PILGRIM AID

Tel. 942 738 126

## MUNICIPAL TOURISM OFFICES OPEN ALL YEAR ROUND

### SANTANDER

Jardines de Pereda, s/n. 39002  
Tel. 942 203 000 - Fax 942 203 005  
turismo@ayto-santander.es

### CABEZÓN DE LA SAL

Botín, 1. 39500. Tel. 942 700 332  
turismo@cabezondelasal.net

### CASTILLO (ARNUERO)

Antiguas Escuelas Castillo 7 Villas. 39193.  
Tel. 942 637 915  
museohedilla@ecoparque.info

### COMILLAS

Town hall ground-floor  
Joaquín del Piélagos, 1. 39520  
Tel. 942 722 591 Fax 942 720 037  
oficinadeturismo@comillas.es

### FONTIBRE

Argüeso castle  
Hermandad de Campoo de Suso. 39212.  
Tel. 942 779 607  
cunadelebrofontibre@gmail.com

### LIENDO

Town hall ground-floor  
Barrio Hazas, 53. 39776  
Tel. 942 643 026  
turismo@aytoliendo.org

### NOJA

Plaza de la Villa s/n, 79-81. 39180  
Teléfono y Fax 942 630 506  
oficinadeturismo@ayuntamientodenoya.com

### POLIENTES

(Facing the Museum of Ethnography)  
Barrio La Huertota. 39220  
Tel. 942 776 146 Fax 942 776 155  
cultura@valderredible.es

### POTES

Lebaniego Studies Center. 39570.  
Tel. 942 730 787  
turismopotes@yahoo.es

### RAMALES DE LA VICTORIA

Fundación Orense  
Paseo Barón de Adzaneta, 8. 39800  
Teléfono y Fax 942 646 504  
turismo@cantabriaorientalrural.es

### REINOSA

Avenida del Puente de Carlos III, 23. 39200  
Tel. 942 755 215 Fax 942 751 147  
turismo@aytoreinosa.es

### SANTONA

Palacio de Manzanedo. 39740  
Teléfono y Fax 942 660 066  
oficinadeturismo@turismosantona.com

### SAN VICENTE DE LA BARQUERA

Avenida del Generalísimo, 20. 39540  
Tel. 942 710 797 Fax 942 712 251  
oficinadeturismo@sanvicentedelabarquera.es

### SUANCES

Mirador Vuelta Ostrera. 39350  
Teléfono y Fax 942 810 924  
turismo@aytosuances.com

### VILLACARRIEDO

Pl. Jacobo Roldán Posada, 1-2pl. 39640  
Tel. 942 591 999  
agencia@vallespasiegos.org

## TOURIST ATTRACTIONS

### ALTAMIRA MUSEUM

39330 Santillana del Mar  
Tel. 942 818 815 / 942 818 005  
museodealtamira.mcu.es

### EL SOPLAO CAVE

Rábago. Tel. 902 820 282.  
www.elsoplao.es

### MONTE EL CASTILLO CAVES VISITOR CENTER

Puente Viesgo. Tel. 942 598 425  
cuevas.culturadecantabria.com

### HORNOS DE LA PEÑA CAVE

S. Felices de Buelna.  
Tel. 942 598 425  
cuevas.culturadecantabria.com

### COVALANAS CAVE

Ramales de la Victoria  
Tel. 942 598 425  
cuevas.culturadecantabria.com

### EL PENDO CAVE

Escobedo de Camargo  
Tel. 942 5a98 425  
cuevas.culturadecantabria.com

### CHUFÍN CAVE

Riclones. Tel. 942 598 425  
cuevas.culturadecantabria.com

### MUSEUM OF PREHISTORY

AND ARCHEOLOGY OF CANTABRIA. MUPAC  
C/ Bailén s/n. 39003  
Tel. 942 209 922  
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